

# DI 360 !

## Unofficial rules(13/09/2022)

**Dates :** From Friday 5th April to Monday 8th May 2022 (**Only every 4 !**)

**Course :** Argentat(19)-Bordeaux(33)

360 km in total, with a compulsory disembarkation at Mauzac (km 176) and a compulsory **reembarkation** at Bergerac (km 206), This to avoid three successive portages. Beware, reembarkation is authorised **1hours 30 minutes** after you have disembarked. Both must be done within the designated areas on the map. This time (1h30) can be included in your stop during the night between 0h and 6h.

Two check points, all boats must stop and disembark and have their kit and crew inspected. The checkpoints are located at Castelnaud la Chapelle (km 128), **and Castillon (km 245)**

**Authorised Boats :** Boats must contain sufficient buoyancy to support their crews. For those presumed to not have sufficient buoyancy they must carry additional support for adequate buoyancy.

**Number of places:** 300 crafts maximum

**Navigation times :**Friday 5/5 from 6h30 am to midnight, Saturday 6/5 from 6am to midnight, **DOWNSTREAM AT CASTILLON LA BATAILLE (KM 245) : NAVIGATION AUTHORISED ONLY FROM 6H30 am UNTIL 21H.** These times are likely to change ( time frame to be reduced ), according to river flow. The race organiser has the ability to alter the times however he deems fit during the race.

**Barrier times :**

Castelnaud La Chapelle (km 128) before 22 h le Friday 5/5

Mauzac (km 176) before 14 h Saturday 6/5

Libourne (km 296) before 21 h Sunday 7/5

Bordeaux (finish) before 18h Monday 8/5

**In the event that the barrier times are not respected, the organisation will allow crew to reembark at St André de Cubzac (km 320), or others sites allowing them to finish the race. They will be classified according to the distance raced and according to their time.**

**Rules :**

Life jackets are compulsory. At nighttime : 2 lights are required on the boat, one at the front and one at the back, and a light on the paddler, a cyalune light stick. For Stand up Paddleboarders, leashes are forbidden until Mauzac (disembarkation) then become compulsory. Support crew (one person) is obligatory through out the race. The support crew can assist more than one competitor. If competitors are compelled to retire from the race they must without fail, inform race control immediately.

Compulsory stops at the indicated times stated above, (according to your location) are confirmed by the GPS tracker worn by the competitor. Any failure to observe the rules or obey the instructions may render the crew liable to disqualification or a time penalty.

Competitors are free to stop where and when they wish outside of the official stops and times stated in the rules and regulations.

**Compulsory equipment not supplied by the organisers :** watch, waterproof phone, Thermal foil blanket. FFCK Licence FFCK or doctors note attesting ability and physical state of competitor.

**Compulsory equipment supplied by the race organisers:** One GPS tracker per boat

**Relay :**

It's possible to compete as a relay (maximum crew : the double of number of seats in the boat, for example 2 people K1, 4 in K2, 8 in V4 etc... The choice of relay is made freely with the support relay (no obligatory relay zone).

**Ranking :**

By time and category of boats for those who reach Blaye before Monday 8th of may 18 hours.

By the number of km raced and by category of boats for all other competitors

**Provided service :**

Meal Thursday evening 5th of may at Argentat

General race control (race times and security)

1 GPS tracker per boat

Refreshments at Castelnaud and Castillon, plus a buffet upon arrival at Bordeaux.

Award ceremony

**Registration fees :**

170 € for individuals, 150 € for crews and 140 € for relays. The fee includes the person designated support crew (t-shirts, dinner, food and drink stops)

**Participation titles :**

Only members of the following federations are allowed to race :

- Canoe – Kayak and paddle sports : for the following vessels : Canoe, Kayak, C9 (9 seater Canoe), outrigger (type Va'a ou OC)
- Surf (FFS) : for the following vessels : stand up paddle (SUP), 1, 2 or 4 places, and prone paddle board (board powered by the use of ones arms and hands, without aide of a paddle)

All competitors must provide a medical note from their doctor stating that they are able to partake in the race concerning the following sports : canoë-kayak, paddle sports, stand up paddle or surf. Medical note that can either be sent to their federation or handed in to the race organiser.

**Members**

Taking into account the existing agreements between the two federations, and supported by the minister of sports, FFCK members are allowed to race with a Stand up Paddle Board.